

Tang Soo Do Terminology

Romanized Korean

English

RANK

Kwan Jang Nim
Shim Sa Kwan Nim
Sah Bahm Nim
Kyo Sa Nim
Cho Kyo Nim
Sun Bae Nim
Hu Bae Nim
Dan
Gup
Ko Dan Ja
Yu Dan Ja
Yu Gup Ja
Cho Bo Ja

Grand Master
Examiner/Judge
Master Instructor
Certified Instructor
Training Instructor
Senior member
Junior member
Black Belt
Color Belt other than Black belt
Senior Dan Holder
Dan Holder
Gup Holder
Beginner

GENERAL TERMS

Do Jang
Do Bohk
Dee
Hyung
Ahp
Yup
Dwi
Wen Jok
Oh Ryn Jok
Ahn Eso Phaku Ro
Phakeso Ahn Uro
Ha Dan
Choong Dan
Sang Dan
Ssang Soo
Ki Hap
Chung Shim
Shi Son
Shim Kong
Weh Kong
Nae Kong
Kyuk Pa
Set Ban Kyuk Pa
Khup Soh
Chung Shin Tong IL
In Neh
Kyum Son
Chon Kyung
Muk Yum

Training Hall or Gym
Uniform
Belt
Form or Pattern
Front
Side
Back
Left
Right
Inside / Outside
Outside / Inside
Low
Middle
High
Double or Twin
Yell / focus of energy
Balance
Focus of eyes
Spiritual power
External power
Internal power
Breaking
3- Station Break
Pressure points
Concentration
Endurance
Humility
Respect
Meditation

BASIC HAND TECHNIQUES

Sohn Ki Sul	Hand Techniques
Kong Kyuk	Attack
Ssang Soo	Double / Twin
Chung Kwon	Fore Fist
Kap Kwon	Back Fist
Kwon Do	Hammer Fist
Jang Kwon	Heel of Palm
Soo Do	Knife-Hand
Yuk Soo Do	Ridge-Hand
Kwan Soo	Spear-Hand
OI Ya Chi Ki	Upper Cut
Choong Dan Pahl Put Ki	Center Punch - Horse stance
Choong Dan Kong Kyuk	Center Punch
Yuk Jin Kong Kyuk	Reverse Punch
Sang Dan Kong Kyuk	High Punch
Hwang Jin Kong Kyuk	Side Punch - Horse Stance
Kwan Soo Kong Kyuk	Spear-Hand Punch
Kap Kwon Kong Kyuk	Backfist - Horse Stance
E Mah Kong Kyuk	Head Butt

BLOCKS

Mahk Kee	Block
Ha Dan Mahk Kee	Low Block
Sang Dan Mahk Kee	High Block
Aneso Pakero Mahk Kee	Inside / Outside Block
Pakeso Ahn Uro Mahk Kee	Outside / Inside Block
Ssang Soo Mahk Kee	2-Hand / Double Block
Chun Kul Ssang Soo Mahk Kee	Double Block - Front Stance
Hu Kul Sang Dan Mah Kee	High Block - Back Stance
Ssang Soo Sang Dan Mahk Kee	High 2-Hand X-Cross Block
Sang Dan Soo Do Mahk Kee	High Knife-Hand Block
Sang Dan Ssang Soo Do Mahk Kee	High 2 Knife-Hand X-Block
Soo Do Makh Kee	Knife-Hand block
Choon Dan Soo Do Mahk Kee	Center Knife-Hand Block
Ha Dan Soo Do Mahk Kee	Low Knife-Hand Block
Hu Gul Yup Mahk Kee	Side Block - Fighting Stance
San Mahk Kee	W-Shape (Mountain) Block
Ssang Soo Kong Kyuk	U-Shape Double Attack
Bahl Ba Dahk Ero Mahk Kee	Sole of Foot Block

BASIC FOOT TECHNIQUES

Bahl Ki Sul	Foot Techniques
E-Dan Cha Ki	Jump Kicking
Bahl Puto Oly Kee	Front High Stretch Kick
Yup Puto Oly Kee	Side High Stretch Kick
Ahp Cha Ki	Front Snap Kick
Ahp Mee Ro Cha Ki	Front Push Kick
Yup Cha Ki	Side Snap Kick
Tolloyo Cha Ki	Roundhouse Kick

Dwi Cha Ki
Dwi Tollyo Cha Ki
Aneso Phakero Cha Ki
Phakeso Ahn Uro Cha Ki
Yup Hu Ryo Cha Ki
Peet Cha Ki
Ahp Chik Ki
Dwi Hu Ryo Cha Ki
E-Dan Ka Whe Cha Ki
E-Dan Ahp Cha Ki
Young Bahl E-Dan Ahp Cha Ki
E-Dan Yup Cha Ki
E-Dan Tollyo Cha Ki
E-Dan Dwi Cha Ki
E-Dan Dwi Hu Ro Cha Ki
Bahl Dwi Kup Cha Ki
Hullyo Cha Ki
Bahl Ba Dahk Ero Mahk Kee

HISTORICAL TERMS

Tang Soo Do
Moo Duk Kwan
Ho Sin Sul
Moogi Sul
Kuk Pa Sul
Jua Sun Bop
Song Cho Ki
Tae Kuk Ki
Hyup Hoi Ki

BASIC STANCES

Cha Seh
Choon Bee Cha Seh
Chun Kul Cha Seh
Hu Kul Cha Seh
Kee Ma Cha Seh
Sa Ko Rip Cha Seh
Kyo Cha Rip Cha Seh
Bahl Cha Ki Choon Bee

COMMANDS IN CLASS

Choon Bee
Choon Bee Uhn Dong
Bahl Cha Ki Choon Bee
IL Soo Sik Choon Bee
Sam Soo Sik Choon Bee
Ho Sin Sul Choon Bee
Bah Roh
Shio

Back Kick
Spinning Back Kick
Inside / Outside Kick
Outside / Inside Kick
Side Hook Kick
Diagonal Inside / Outside Kick
Front Hammer Kick
Back Hook Kick
Jump Scissor [split] Kick
Jump Front Kick
Double Jump Front Kick
Jump Side Kick
Jump Roundhouse Kick
Jump Spinning Back Kick
Jump Spinning Back Hook
Stomping Kick
Sweeping Kick
Sole of Foot Block

Historical Name of Our Art
Name of Our Style
Art of Self-defense
Art of Weapons
Art of Breaking
Art of Meditation
American Flag
Korean Flag
I.T.M.A. Flag

Stance
Ready Stance
Front Stance
Fighting Stance
Horse Stance
Side Stance
Crossed Leg Stance
Ready Kicking Stance

Ready Position
Ready for Warmup Exercises
Ready for Kick
Ready for One Step Sparring
Ready for Three Step Sparring
Ready for Self-defense
Return
Rest / Relax

Chung Gee
Shi Jak
Gu Man
Bahl Ba Ko
Dae Ryun
IL Su Sik Dae Ryun
Sam Su Sik Dae Ryun
Kyo Dae
Toh Rha
Dwi Rho Tora
Ku Ryung
Ku Ryung E Mat Cho So
Ku Ryung Up Shi
Ahn Jo
Cha Ryut
Muk Yum

Stop
Begin
Temporary Stop
Change Sides
Sparring with Opponent
One Step Sparring
Three Step Sparring
Change / Rotate with partner
Turn
Turn to the Rear
Voice Command
By the Count
Without Count
Sit
Attention
Meditation

ANATOMY

Moh Ri
E Mah
Kwan Cha Nul Ee
Nuhn
Kwee
Kho
In Choong
Eep
Tuck
Mok
Pahl
Pahl Koop
Son Mok
Sohn
Chu Mok
Jung Kwon
Kap Kwon
Kwon Do
Soo Do
Kwan Soo
Yuk Soo Do
Jang Kwan
IL Chi Kwan Soo
Ee Chi Kwan Soo
Chul Ban Kwan Soo
Jip Kye Son
Myung Chi
Hu Ri
Dan Juhn
Ko Hwan
Tah Ri
Moo Roop

Head
Forehead
Temple
Eyes
Ear
Nose
Philtrum
Mouth
Chin
Neck
Arm
Elbow
Wrist
Hand
Fist
Forefist
Backfist
Hammer Fist
Knife Hand
Spear Hand
Ridge Hand
Heel of Palm
One Finger Strike
Two Finger Strike
Open Hand Knuckles
Open Plier Hand
Solar Plexus
Waist
Lower Abdomen
Groin
Leg
Knee

Bahl Mok

Bahl

Dwi Kup

Chook Do

Ahp Kup

Bahl Ba Dahk

Bahl Dtung

Ankle

Foot

Heel of Foot

Edge of Foot

Ball of Foot

Sole of Foot

Instep

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